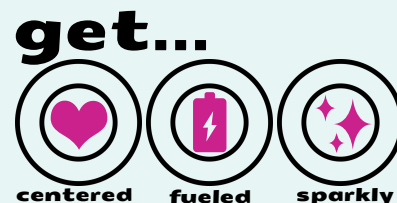


ANTIGUA EXPERIENCE PACKING LIST (7-10 DAYS)



PACK + PREPARE — PACKING LIST (SPRING 2026)

Why this matters: This list is designed to keep you comfortable on cobblestones, ready for warm sun and cooler evenings, and not weighed down by “just in case” items. Antigua is walkable and casual; repeat-wear is normal and encouraged.

North Star: you're prepared, not overloaded. If you're choosing between two items, pick the one you love and will actually wear a few times.

HOW TO PACK FOR ANTIGUA (SIMPLE GUIDANCE)

- Think “capsule”: 2 bottoms + 4–6 tops + 1–2 easy dresses/sets usually covers the week.
- Evenings can cool off. Bring one light warm layer you'll reach for.
- Cobblestones are real. Shoes matter more than outfits.
- Bring sun basics (SPF, hat, sunglasses). A packable rain layer is helpful, especially for May.
- Leave a little room for small local finds (textiles, souvenirs).

PACKING LIST

CLOTHING (core capsule)

- 4–6 breathable tops (mix short sleeve + one long sleeve)
- 2 bottoms you can walk in (pants/jeans/linen/travel skirt)
- 1–2 easy dresses or matching sets (day-to-dinner)
- 1 nicer dinner look (only if you'll enjoy it)
- Sleepwear
- Underwear + socks (7-ish each, adjust to your style)
- Bras (your preferred set)

LAYERS + WEATHER

- 1 light sweater/cardigan or fleece (evenings/mornings)
- 1 packable rain jacket or light shell (more likely useful in May)
- 1 light scarf/shawl (optional, high comfort-to-space ratio)

SHOES (high-impact decision)

- 1 truly walkable shoe for cobblestones (sneaker or supportive sandal)
- 1 easy dinner shoe (flat or secure sandal)
- Flip flops (optional, for pool/shower)
- Optional: hike shoes only if you're doing a hike/adventure day

SWIM + DOWN TIME

- 1–2 swimsuits
- Cover-up (or a light button-down you already love)
- Light lounge set for villa/pool time

SWIM + DOWN TIME

- 1–2 swimsuits

Optional add-ons / adventures (pack only if you choose them)

- Hike day: broken-in hiking shoes, socks you trust, light rain shell, a warm layer, small day bag, snacks.
- Atitlán extension: add 1 extra warm layer for cooler lake evenings.

SUN + COMFORT

- Sunscreen (face + body)
- Sunglasses
- Hat you'll actually wear
- Lip balm
- Reusable water bottle (optional)
- Small crossbody/day bag (secure closure preferred)

TOILETRIES (keep it simple)

- Face wash + moisturizer + SPF
- Makeup basics (if you wear it)
- Deodorant
- Toothbrush + toothpaste + floss
- Hair basics (brush/comb + a few ties/clips)
- Razor + any personal care essentials
- Contact lenses/glasses + supplies (if applicable)

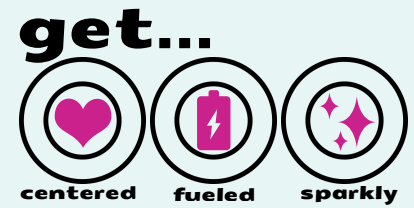
HEALTH + “JUST IN CASE” (small kit)

- Routine medications (in original containers)
- Electrolytes (packets/tablets)
- Pain relief (what you normally use)
- Band-aids + blister care
- Motion sensitivity support (if you use it)
- Any Rx documentation you prefer to carry

TECH + DOCUMENTS

- Passport + a photo/copy stored separately
- Phone + charger
- Power bank (optional, helpful)
- AirPods/headphones
- Credit card + debit card (bring two if possible)
- Small amount of USD cash (small bills)
- Travel insurance info (if you have it)

ANTIGUA EXPERIENCE PACKING LIST (7-10 DAYS)



CARRY-ON ESSENTIALS (RECOMMENDED)

- Passport + wallet + phone
- Medications
- One change of clothes + underwear
- Light layer
- Basic toiletries (small)
- Chargers + power bank

LAKE ATITLÁN EXTENSION — MINI PACKING LIST FOR LAKE DAY

- Hat + sunscreen + sunglasses
- Light layer (mornings can feel cooler on the water)
- Refillable water bottle
- Comfortable walking shoes/sandals (with traction)
- Small crossbody/day bag
- Optional: light rain layer (especially in May)
- Small cash (GTQ) for markets/handmade goods

Evenings: add one extra warm layer for lakeside dinners.

LINKS

- **Antigua** (14-day forecast): [Link](#)
- **Panajachel / Lake Atitlán** (14-day forecast): [Link](#)

ASSUMPTIONS

This list is built for warm days (highs around 80 degrees), cooler evenings (lows around 60 degrees), walkable cobblestone streets in Antigua in April–May. Adjust for personal comfort, workouts, and any premium add-ons you've scheduled.